

**BOARD OF HEALTH MEETING**  
**REMOTE ONLY**  
**MINUTES**  
**Wednesday February 18, 2026 at 7:00 pm**

**PRESENT:** Dr. Dominic Amirtharaj, Chairman, Kim Netter, Jessica Malenfant  
Staff: Abbey Myers, Director of Health, Maureen Foley,  
In attendance: Zane Jaafar

**CALL TO ORDER:** Dr. Amirtharaj called the meeting to order 7:02 pm

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**Minutes**

Minutes were approved for August 20, 2025, October 22, 2025 and November 19, 2025  
Dr. Amirtharaj gave motion to approve minutes.  
(Amirtharaj, Netter) (3,0)  
Roll Call

**Public Comment**

No public comment

**Approval of Permit applications for:**  
**Cidnam, Inc. – 200 Dexter Avenue**

Zane Jaafar, Founder, gave a presentation about the lab’s activities and safety precautions. Dr. Amirtharaj asked if Cidnam is making a more efficient bio reactor. Ms. Netter asked if Cidnam was approved without conditions by the WBSC.

Dr. Amirtharaj gave motion to approve permit.  
(Amirtharaj, Netter) (3,0)  
Roll Call

**Department updates:**

Ms. Myers, Health Director, gave a presentation to the board for 2025.  
The subjects she covered are below:

1. New employee, Health is fully staffed
2. Cases the department worked on during the year.
3. Nuisance cases due to the trash strike.
4. Rodent issues.
5. Food inspections
6. Pool inspections

7. Body work inspections
8. Public health nurse activities
  - a. 206 doses of flu vaccine
  - b. 7 doses of flu vaccine for homebound patients
  - c. 14 CPR classes
  - d. 4 sharps event
  - e. Blood pressure events
  - f. TB cases and follow ups
  - g. Sharps kiosk at the Parker building
9. Animal Control activities
  - a. 7 rabies samples sent to State lab
  - b. 4 cruelty cases
  - c. 6 residential hens permits
  - d. Avian flu cases
10. Trainings
  - a. Bloodborne pathogen training
11. Sunscreen dispensers at the recreational properties starting this spring
12. Civics Academy with the other city's departments.
13. Faire on the Square/Farmers' Market

### **Additional Business**

Bar'cino - 47 Main Street, food variance is tabled until March meeting

### **Next Meeting**

Scheduled for March 18, 2026

### **Adjournment**

Dr. Amirtharaj gave motion to adjourn.

(Amirtharaj, Netter) (3,0)

Roll Call

Adjourned at 7:49 PM