



# Board of Health Meeting

Wednesday, September 17, 2025 at 7:00 PM  
REMOTE ONLY

## Agenda

Pursuant to Chapter 2 of the Acts of 2025, the meeting and public hearing will be conducted with remote opportunities for participation. Remote participation and access methods include:

### **ACCESS INFORMATION:**

- A. This meeting will be held on Wednesday, September 17, 2025 at 7:00PM. Location: Remote Only
- B. The meeting will be televised through WCATV (Watertown Cable Access Television): <http://vodwcatv.org/CablecastPublicSite/watch-now?site=3>
- C. Join Zoom Meeting  
<https://watertown-ma.zoom.us/j/83188312663>  
Meeting ID: 831 8831 2663
- D. Public may comment through email: amyers@[watertown-ma.gov](mailto:amyers@watertown-ma.gov)
- E. Please Visit the Board of Health Website here: <https://www.watertown-ma.gov/176/Board-of-Health>

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- 1. Call to Order
  - 2. Acceptance of Minutes
    - A. Review of Draft Minutes of August 20, 2025
  - 3. Public Comment
  - 4. Review permit application for:
    - A. Ingenia Therapeutics – 490 Arsenal Way #100B
  - 5. Review of Tobacco Regulations
    - A. Discussion
  - 6. Staffing and Department Updates
    - A. Body works
    - B. Flu Clinics
    - C. Department updates
  - 7. Items that could not be anticipated before meeting
  - 8. Adjournment

**BOARD OF HEALTH MEETING**  
**REMOTE ONLY**  
**MINUTES**  
**Wednesday August 20, 2025 at 7:00 pm**

**PRESENT:** Kim Netter, Jessica Malenfant

Staff: Abbey Myers, Director of Health, Maureen Foley,  
In attendance: Linda Scott, Arshill Master

**CALL TO ORDER:** Kim Netter called the meeting to order 7:32 pm

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**Minutes**

Minutes were approved for July 16, 2025  
(Netter, Malenfant) (2,0)  
Roll Call

**Public Comment**

Ms. Scott inquired about the status of the las inspections from the health department.

**Approval of Permit applications for:**  
**VidaVinci – 66 Galen Street**

Ashill Master, Protein Scientist gave a presentation about the lab’s activities and safety precautions. Vida is targeting undruggable diseases. Ms. Netter questioned the targeting and what diseases Vida are looking at. Ms. Malenfant asked if this is IPSC based. Dr. Master stated the lab is only working on treating humans and is peptide based.

Ms. Netter gave motion to approve.  
(Netter, Malenfant) (2,0)  
Roll Call

**Review of Tobacco Regulations**

Tabled to September meeting.

**Staffing and Department Updates**

1. Deanna Earle, Health Office left the Watertown Health Department
2. Body Works letters were mailed to 17 establishments.
  - a. Inspections will be conducted with either Zoning or Police
2. Sharpes drop off kiosk is in place and box fills up 2 times a month.
3. Health has received 120 rodent complaints. Health investigate all complaints in See Click Fix and Open Gov.

- a. Commercial dumpsters are not getting emptied.
  - b. Under most circumstances, health can determine where the rodents are originating from. Due to the trash strike, it has become more difficult.
  - c. We are working with Sustainability Manager to make the pollinator gardens free of rodent harborage.
  - d. Home compose piles attract rodent activity. The Black Earth is the best way to dispose of food waste. Raised garden beds also minimize rodent activity.
4. CPR classes are continuing, and the Public Health Nurse had a sharps event on August 2<sup>nd</sup>.
  5. Flu vaccines are beginning to arrive with the high dose first.

Ms. Malenfant asked the sharps kiosk could be advertised on social media and at the library.

**Next Meeting**

Scheduled for September 17, 2025

**Adjournment**

Adjourned at 8:09 PM

# FY 2025 SAMPLE REGULATION RESTRICTING THE SALE OF NICOTINE PRODUCTS

## CHECKLIST FOR POLICY DECISIONS:

- |  |       |     |
|--|-------|-----|
| 1. No permit renewal if outstanding fines exist (§E.6)             | YES   | NO  |
| 2. No permit renewal if three sales to persons under 21 (§E.7) 3.  | YES   | NO  |
| No sales to the following persons (select one):                    |       |     |
| Any person under the age of 21 (___)                               |       |     |
| *Nicotine Free Generation (___)                                    |       |     |
| 4. No new permits within (---) feet of a school (§E.8)             |       |     |
| 1,000 (___)   2,000 (___)   3,000 (___)   or more (___)            | YES   | NO  |
| 5. No new permits within (---) feet of an existing retailer (§E.8) | YES   | NO  |
| 1,000 (___)   2,000 (___)   3,000 (___)   or more (___)            |       |     |
| 6. Cap and/or reduce number of permits (§E.10)                     | YES   | NO  |
| Simple Cap (___)   Reducing Cap (___)                              |       |     |
| 7. Ban Smoking Bars (§F)   | YES   | NO  |
| 8. Include minimum cigar package size/price (§H)                   | YES   | NO  |
| 9. Oral Nicotine Pouches (§G)                                      |       |     |
| Prohibit more than 6 mg of nicotine per pouch                      | YES   | NO  |
| Sale restricted to adult only retailers                            | YES   | NO  |
| 10. Ban blunt wraps (§K)   | YES   | NO  |
| 11. Ban free distribution of tobacco products (§L.1)               | YES   | NO  |
| 12. Ban redemption of coupons (§L.2)                               | YES   | NO  |
| 13. Ban self-service displays (§N)                                 | YES   | NO  |
| 14. Ban tobacco product sales in educational institutions (§R)     | YES   | NO  |
| 15. Fining Structure System (§T)                                   | YES   | NO  |
| Separate State and Local Fines (___)   One Set of Fines (___)      |       |     |
| 16. Tolling periods for local violations (§S)                      | YES   | NO  |
| State level at 36 months (___)   Over 36 months (___)              |       |     |
| 17. Choose suspension periods (§T)                                 |       |     |
| First violation: 1 day (___)   3 days (___)   7 days (___)         |       |     |
| Second violation: 3 days (___)   7 days (___)   14 days (___)      |       |     |
| Third or more violations: 7 days   14 days (___)   30 days (___)   |       |     |
| 18. “Shall” vs. “May” language for suspensions (§T)                | SHALL | MAY |

\*Nicotine Free Generation allows retailers to sell nicotine products to anyone who was 21 years of age or older on an effective date. For everyone else, now and in the future, retailers will never be allowed to sell nicotine products to them.

**YELLOW highlighted sections are language copied from the latest state law and DPH regulation. GREEN highlighted sections are uniquely local policy decisions (most are on the above checklist) to be made by the Board of Health.**

